

Gooding Senators Athletics Handbook

Revised June, 2024



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GSD ATHLETICS

Mission statement:

The mission of the Gooding School District interscholastic athletic program is to inspire each involved student to achieve his or her personal best, pursue competitive excellence, and be a contributing team member and responsible citizen.

Philosophy:

The philosophy of the athletic department of the Gooding School District is to provide an overall positive experience through athletic participation while instilling positive life characteristics in each student-athlete that participates.

Objectives:

The objectives of the athletic departments of the Gooding School District are as follows; build Senator Pride, promote high academic achievement, and build winning traditions in every athletic program.

GHS Head Coach Directory
(updated June 2024)

Football: Tanner Baumann

Email: tanner.baumann@goodingschools.org

Cross Country: Kent Seifert	Email: seef21@msn.com
Volleyball: Tracie Anderson	Email: tracie.anderson@goodingschools.org
Girls Soccer: Angie Thompson	Email: angietoph@yahoo.com
Boys Soccer: Jose Rodriguez	Email: pepitocuete@yahoo.com
Swimming: Danielle Lofgran	Email: danilofgran@gmail.com
Boys Basketball: Ryon Pope	Email: ryon.pope@goodingschools.org
Girls Basketball: Derrick Lyons	Email: derricklyons83@gmail.com
Wrestling: Jon Lund	Email: jonhouselund@gmail.com
Cheerleading: Rachel Reed	Email: rmreed919@gmail.com
Softball: Savannah Fleming	Email: savannahmayfleming@gmail.com
Baseball: Codie Martin	Email: cjmartin@blm.gov
Golf: Logan Briggs	Email: logan.briggs@goodingschools.org
Tennis: Lucy Stapp	Email: lucy.stapp@goodingschools.org
Track: Kent Seifert	Email: seef21@msn.com

Athletic Teams and Definition of Team Levels:

Depending on the program, there are up to three team levels. The team levels are Varsity, Junior Varsity, and C-Team. Coaches will determine the team level and playing time for each participant based on player evaluations.

Varsity: The varsity team level is the highest level of team competition within any athletic program. The varsity level can be made up of any class level freshmen-seniors. Placement on the varsity team is earned through program participation and individual development.

Junior Varsity: The junior varsity level can be made up of freshmen-junior class levels, and is designed to prepare participants for varsity competition. Typically, seniors do not play at the junior varsity level. However, exceptions may be made on an individual basis with approval from administration.

C Team: The C-team level can be made up of freshmen-sophomore class levels, and is designed to prepare participants for junior varsity competition. Typically, seniors and juniors do not play at the C-team level. However, exceptions may be made on an individual basis with approval from administration.

Drug/Alcohol/Tobacco/Vape: (District Policy #3380)

Gooding School District, along with the athletic departments, believe that any use of drugs, alcohol, tobacco, and/or vape by a student-athlete is unacceptable and carries consequences per the Gooding School District policy.

Policy #3380 in reference to the use of drugs, alcohol, tobacco, vape:

III. Activity Suspension for Criminal Conduct or Drug Use in Any Location During the Scholastic Year
A student may be suspended from extracurricular and co-curricular activities when he/she has been arrested or it reasonably appears to the District that he/she has violated criminal law, other than infractions or minor traffic violations; or has been involved with drug paraphernalia, controlled substances, or drugs, including alcohol or tobacco, in any location, either on or off campus, during the scholastic year, in any of the following ways: attempting to secure or purchase; using or having reasonable suspicion of having used; possession; intending or attempting to sell or distribute; selling or giving away; or being knowingly present when any of the above are used, possessed, or consumed.

Consequences: 3380-5 A. Violations 1. The incident will be reviewed pursuant to the Informal Hearing Process in Section V of this policy. If the evidence supports the accusation, the student may be suspended from all extracurricular and co-curricular events for a period of twenty-one (21) calendar days. 2. The suspension may be reduced to a period of fourteen (14) calendar days if: a. In the case of criminal conduct, the student receives counseling which has been approved by a building principal or designee. b. In the case of drug, alcohol, or tobacco use, the student agrees to and completes
1) A drug/alcohol/tobacco assessment conducted by an approved provider (the family incurs the cost); and/or
2) Drug/alcohol/tobacco education group, provided or facilitated by the school, if available, and/or the community.
3. If no event is scheduled during the period of the suspension, the 21-day suspension will begin on the first day of practice for the student's next season.

4. If the student notifies school personnel (self-reports) concerning his/her criminal conduct or drug use prior to the personnel's knowledge of the incident(s), the principal or athletic director may reduce the length of the activity suspension.
5. On the occasion of a subsequent infraction at any time in high school, and if the evidence supports the accusation, the principal or athletic director will bar the student from any form of extracurricular or co-curricular activity for one calendar year.
6. All students who receive an activity suspension for criminal conduct or drug use shall be reported to the Superintendent or designee and, if applicable, to the appropriate law enforcement agency.
7. The parent/guardian may request an appeal as outlined in the Appeal Process at Section VII of this policy, with either a first or second offense.

B. Knowingly Present

1. First Violation: When a student violates the "knowingly present" prohibition of this policy for the first time during a scholastic year, the school resource officer ("SRO"), principal, or athletic director: will hold a conference with the student; will notify the student's parent/guardian and the student of the violation; may arrange a conference with the parent/guardian and the student; and will inform the student and parent/guardian of consequences for future violations of the policy.
2. Second Violation: When a student violates this "knowingly present" prohibition of this policy for the second time during a scholastic year, he/she is subject to the consequences outlined above in part III A "Violations" of the policy.

Academics and Student-Athlete eligibility: (District Policy #3380)

Gooding School District, along with the athletic departments, believe that student-athletes must maintain a certain level of academic standard to be eligible to participate in extracurricular activities.

Policy #3380 in reference to academic eligibility as a student-athlete:

Eligibility Requirements for Extracurricular and Co-Curricular Participation Initial eligibility for students participating in extracurricular and co-curricular activities is based on the student's preceding semester grades. A student will be allowed to begin or try out for a team if he or she passed five out of seven courses but will not be eligible to participate in games or events until the next grade check and meeting continued eligibility requirements. If the student's cumulative g.p.a. is lower than 2.0 the preceding semester, the student will need an academic improvement plan in place prior to being eligible. Exceptions may be made by the building principal, but may not supersede state eligibility requirements.

Continued eligibility will be reviewed and monitored every week. A student will be ineligible if he or she has any F's. As soon as any F's are raised to a passing level, the student is eligible. An ineligible student may participate in team practices. Discretion may be used on a case by case basis by administration.

Student-Athlete School Attendance: (District Policy #3380)

Policy #3380 in reference to school attendance as a student-athlete:

All students participating in extracurricular or co-curricular activities must be in attendance at school all day the day of the activity, unless the activity itself prevents attendance. Failure to comply with this requirement can result in a student not being allowed to participate in the extracurricular or co-curricular activity for that day. The Principal may make exceptions for necessary or pre-scheduled absences (i.e. dentist or doctor appointments). The Principal should be notified before the date of any pre-scheduled absence in order for the exception to be granted.

Other policy #3380: (i.e., activity participation in result of suspension)

At the beginning of each semester, teachers or coaches of co-curricular courses will identify for students how participation in the co-curricular activity impacts their course grade. Co-curricular students who are suspended as a result of this policy will have the co-curricular course grade affected only if the reason for the suspension was related to coursework or course expectations. Students who miss a co-curricular activity because of a suspension may ask to do, or be required to do, alternative assignments or special projects to make up the missed activity.

I. Activity Suspension as a Result of a School Suspension A student will be immediately suspended from all extracurricular and co-curricular activities when he/she receives a suspension (not including an in-school suspension) from school for any reason. Consequences:

1. The activity suspension is automatic, is for the duration of the school suspension, and runs concurrent with the school suspension.
2. This type of activity suspension cannot be appealed.

II. Activity Suspension for Repeated Minor Infractions or a Major Infraction During an Activity A student may be suspended from an extracurricular or co-curricular activity when he/she commits a third minor infraction, or a major infraction, while engaged in an extracurricular or co-curricular activity on any school premises or at any school-sponsored activity, regardless of location. Consequences:

1. The incident will be reviewed pursuant to the Informal Hearing Process at Section V of this policy.
2. The student may be given an activity suspension for a period of time up to and including the remainder of the season or duration of the activity in that scholastic year for that activity only.
3. If the activity suspension exceeds nine (9) school days, the parent/guardian may request an appeal as outlined in the Appeal Process at Section VII of this policy. The coach or advisor will inform the Principal of any suspension.

Athletic Transportation: (District Policy #3380)

Policy #3380 in reference to student-athlete transportation to and from events:

VI. Student travel to or from an extracurricular or co-curricular activity – Unless other travel arrangements are authorized, students will board the bus at the school designated as point of origin for the trip and will return to the point of origin in the bus. There will be no stops along the designated route to pick up or discharge students. The only variation allowed in this regulation is the release of students to parents in a face-to face situation at the close of the activity before buses begin the return trip. Such release will require a signed, dated note from the parent. The activity must provide at least one instructor, coach, or adult sponsor for each bus on a special trip. The bus driver will be responsible for the safe operation of the bus. The sponsor will be responsible for supervision of students and enforcement of bus rules. Any adult designated by the principal as a sponsor will have such authority. Students must follow all school bus rules with this exception: Food and drink not in glass containers will be allowed on the bus with permission of the principal. However, any debris must be cleaned up at the end of the trip and before

students leave the bus. If a student causes a disruption or hazard on the bus, a hearing will be held with the principal, driver, instructor, coach, or adult sponsor, parent/guardian and student. The driver, instructor, coach, or adult sponsor, parent/guardian and the student will have the opportunity to share with the principal their perceptions of the problem. If the principal finds that there has been an infraction of bus rules, he will take the following action: 1. On the first infraction, the student will be warned that following any further infraction he/she will be declared ineligible for transportation to the extracurricular or co-curricular activities for one event. 2. On the second infraction during a semester, the student will be declared ineligible for transportation to the extracurricular or co-curricular activity for two events. 3. On the third infraction during a semester, the student will be declared ineligible for transportation to the extracurricular or co-curricular activities for the remainder of the semester. Based on the severity of the problem as it relates to respect and safety for others, the principal may bypass step #1 and/or step #2 above and immediately declare the student ineligible for transportation for two weeks or for the remainder of the semester.

Student-Athlete and Coaches Guidelines for use of Social Media:

- The athletic department supports the use of social media by student-athletes and coaches to promote positivity and Senator Pride. Any coach who creates a team-related social media account, such as Facebook, is required to add the athletic director as an account administrator.
- The athletic department does not permit the use of social media for promoting illegal use of substances by student-athletes or coaches, or to intimidate or harass others.
- The consequences for such behavior from a student-athlete could result in disciplinary action, up to, and including, suspension or dismissal from the team.
- The consequences for such behavior from a district coach could result in disciplinary action, up to, and including, suspension or termination.

GSD Coaching Responsibilities: All GSD hired athletics coaches, including volunteers, are responsible for the oversight and day to day operations of their respective programs.

Responsibilities/Duties include:

- Scheduling and conducting tryouts
- Managing and caring for program equipment, including keeping a year to year inventory.
- Communicating with athletes and parents about all program events
- Helping to maintain and clean facilities.
- Communicating with the Athletic Director about all aspects of the program.
- Following all GSD purchasing and fundraising policies, including club accounts.
- Tracking and proper filing of all necessary paperwork i.e., physicals, rosters, etc.
- Supervising all participants during all team functions, including bus rides.
- Maintaining an up to date schedule for program events.
- Monitoring all locker rooms and training facilities.
- Reporting game results to local media.

- Reporting injuries to administration.
- Seeking improvement as a coach by attending or utilizing professional development activities.
- Work to establish and maintain an effective and well organized youth development program

GSD Coaching Certification Requirements: All coaches, including volunteers, are required to complete all school district and state (IHSAA) requirements.

3-1 The head coach of any IHSAA sport or activity must be certified to teach in Idaho or have completed a coaching fundamentals course. Authorized courses are: NFHS Fundamentals of Coaching and ASEP Coaching Principles.

3-1-1 Assistant and sub-varsity coaches need not be certified teachers as long as they have been officially approved by their local Board of Trustees. Assistant and sub-varsity coaches are strongly encouraged to complete a coaching principles course.

3-2 All coaches (includes head coaches, directors, assistant coaches, and volunteers) of IHSAA activities must complete: a. A First Aid course with a CPR component from a school district-recognized provider. A “recognized provider” is one whose curriculum is similar to the American Red Cross and American Heart Association.

New coaches must complete the course during his/her first year of coaching. At no time may a team practice, travel or compete without at least one adult present who has met this requirement.

b. New coaches must take the St. Luke’s online concussion course prior to the first day of practice. All coaches are required to review the St. Luke’s Online Concussion Course on even numbered years. IHSAA statewide review dates: 2022-23, 2024-25, etc. Only courses completed after May 1 will be accepted. The IHSAA Board of Directors must approve alternative concussion courses or seminars.

c. New coaches must take the NFHS Sudden Cardiac Arrest course prior to the first day of practice. All coaches are required to review the NFHS Sudden Cardiac Arrest Course on even numbered years. IHSAA statewide review dates: 2022-23, 2024-25, etc. Only courses completed after May 1 will be accepted.

d. New coaches must take the NFHS Student Mental Health and Suicide Prevention course prior to the first day of practice. All coaches are required to review the NFHS Student Mental Health and Suicide Prevention course on even numbered years. IHSAA statewide review dates: 2022-23, 2024-25, etc. Only courses completed after May 1 will be accepted. (IHSAA, Rule 3)

Coaching Evaluation Process

All head coaches in Gooding School District will receive a written evaluation annually by the Athletic Director. This process will include a self-evaluation, administrative evaluation, the submission of program goals, and professional development plans. In addition, head coaches will provide a written evaluation for all of his or her assistant coaches each year.

Summer/offseason participation guidelines: Summer and offseason athletics activities are encouraged, but are restricted to the guidelines set by the state. (IHSAA)

17-1-3 Summer Programs Summer programs must be voluntary and must be terminated by the last day of July. The IHSAA supports member schools' involvement in voluntary summer programs. However, the IHSAA believes that students need time off during the summer and strongly recommends that member schools schedule at least ten days of non-student contact during the summer each year.

a) Coaching restrictions are suspended during the summer (the day after the Spring State Tournaments through July 31st). A high school coach can coach his/her players anytime, anywhere, during this period. During this period a team can scrimmage against another team without violating the out-of-season contest requirements (renting facility etc.). Practice, competition and facility use during the summer, is not covered by IHSAA insurance (liability, catastrophic, concussion etc.).

b) A high school coach who coaches a team during the summer that advances to a regional or national qualifying event can continue to coach after July 31st until the completion of the tournament/s. IHSAA must approve a written request prior to participation during August.

c) Students will only be allowed to attend team camps during the summer, not during the school year.

d) Member schools are prohibited from hosting athletic camps involving students from IHSAA member schools during the month of August. Coaches from member schools are prohibited from working in or hosting athletic camps involving students from IHSAA member schools during the month of August. (IHSAA, Rule 17)

17-2-2 Rule of 2 – Coaches can instruct/coach no more than two students at one time by a member of their high school (grades 9- 12) staff of that sport during the school year. a) Anytime there are more than two students, it is considered an Open Gym/Field/Facility (Follow the guidelines of Rule 17-2-3)

17-2-3 Open Gym/Field/Facility – Open Gym/Field/Facility does not violate IHSAA rules if the following conditions are met:

a) Coaches supervise only – Coaches may NOT instruct/plan/organize/teach or coach.

b) Coaches are allowed to coach/instruct any number of students on individual skills and development specific to their sport. Maximum of 10 hours per school year.

c) Sessions do NOT count as required practice time prior to the season.

d) Scrimmages and/or team competition against anyone that is not enrolled at the school are NOT allowed.

e) Schools may petition the IHSAA to allow coaches to coach individuals during competitions that are qualifying events.

f) Participants, coaches and/or schools are NOT covered under IHSAA catastrophic insurance plan.

g) Administrative approval of Open Gym/Field/Facility hours and weeks is required from the school Principal or Athletic Director.

17-2-4 Moratoriums - The intent of IHSAA Moratoriums is to allow students and teachers/coaches quality time with their families without the pressure of losing a level playing field. Coaching Limitations

a. Coaches are not allowed to coach students of the school during the following times:

1) The 7 consecutive days prior to the Fall Practice start date listed in the IHSAA calendar.

2) The 3-day, consecutive no contact period during the winter break 3) Winter and spring activity coaches may contact students after the Fall Practice start date.

b. Sport specific activities led by coaches, captains, volunteers or parents such as practices, retreats, camps, weight room and conditioning/workouts are prohibited 7 days prior to the Fall Practice start date.

c. Meetings with medical professionals, parent meetings, registration, equipment handout and fundraising are allowed. These meetings shall be non-mandatory

Parent Concerns / Complaints: Per District Policy, complaints will be processed step-by-step as follows. (Full details of this process are available to review through GSD Policy #4110.)

Step 1: The concern or complaint shall be taken to the head coach or Athletic Director.

Step 2: The Athletic Director

Step 3: Principal

Step 4: Superintendent

Step 5: Board of Trustees

Athletic Awards: Awards for athletic participation are defined by competition level, i.e., varsity, and sub-varsity levels.

The athletic department awards varsity letters based on criteria established within each program. Varsity letters and pins can be obtained from the athletic department by presenting their varsity level certificate.

All-conference and all-state selections are determined by criteria set by the SCIC conference and/or all-state selection committee and are not awarded from Gooding School District or Gooding High School.

8-5 AWARDS

8-5-1 A student may not receive cash of any amount or an award, playing equipment or prize, which exceeds the retail value amount of \$300, including, but not limited to, attendance at an instructional camp or all-star game.

8-5-2 A student is governed by IHSAA rules when he or she participates in IHSAA competitions. If a student competes outside the IHSAA sports season, awards are governed by the amateur governing body of that sport. If no regulations exist for that sport, 8-5-1 is in effect.

Expectations of parents/spectators/fans: (District Policy #4330): Any person, including an adult, who behaves in an unsportsmanlike manner during an athletic or co-curricular event may be ejected from the event the person is attending and/or denied admission to school events for up to a year at the discretion of the Board.

Examples of unsportsmanlike conduct include, but most certainly are not limited to:

1. Using vulgar or obscene language or gestures.
2. Possessing or being under the influence of any alcoholic beverage or illegal substance.
3. Possessing a weapon.
4. Fighting or otherwise striking or threatening another person.
5. Failing to obey the instructions of a security officer or school district employee.
6. Engaging in any activity which is illegal or disruptive of the educational process.

The Superintendent may seek to deny future admission to any person by delivering or mailing a notice, sent by certified mail with return receipt requested, containing

1. The date, time, and place of a Board hearing.
2. A description of the unsportsmanlike conduct.
3. The proposed time period that admission to school events will be denied. The person may be allowed to address the Board with regard to such a decision, in the discretion of the Board, and under limitations set by the Board. If the person refuses to comply with the decision of the Board, the Board may pursue any appropriate legal action against the person.

DragonFly: Any student who participates in an extra-curricular activity will register with *DragonFly*. The student-athlete will not be allowed to participate in any games or events until all requirements are met.

Athletic Fees: All students who wish to participate in athletics, must purchase an activity card and pay the district transportation fee.

Fee costs: (2024)

Activity card \$45.00

Transportation fee \$20.00

Inclement weather: At any point inclement weather makes traveling or playing unsafe, the athletic director and/or designee may reschedule or cancel the event. Refer to activity guidelines for wildfire smoke.

Program Inventory: The head coach is responsible for all equipment and uniforms and should conduct an inventory at the beginning and end of each season.

The program inventory should include a count of all balls, equipment, uniforms, etc. The inventory list should be given to the athletic director, along with a list of needs.

Two-Sport Participation: Any athlete wishing to participate in two sports during the same season must complete the 2-sport contract and have it approved by both coaches and the athletic director (refer to the 2-sport contract form).

Athletics Fundraising: Policy #3420

The Board acknowledges that the solicitations of funds from students, staff and citizens must be limited since students are a captive audience and since solicitation can disrupt the program of the schools. All of the fund raising activities organized within the school system will have prior approval of the principal or superintendent. It is the intent of the Board of Trustees to encourage fundraising utilizing local businesses when possible and limit the sale of goods from outside the Gooding community. The principal may approve fundraising activities where labor and sale items are from Gooding or Gooding merchants. The Superintendent may approve fundraising activities where the labor and sale items are from merchants outside of Gooding.

Funds and goods received must all be accounted for through proper documentation.

Cash: Any cash received must be deposited with the GHS bookkeeper or administration within two business days.

Athletic Account and Club Accounts:

Athletic Account:

The general athletic account is to be used for the general operation of the athletics department as a whole.

- Purchasing of team uniforms
- Payment for officials

- Remainder of costs for state hotels after state tournament fundraiser by the team.
- Payment for game help i.e. ticket takers, clock operators
- One state tournament team meal will be provided through the athletic account.
- One tournament fee per season will be provided through the athletic account.
- The athletic department may also provide funds to help purchase equipment if available.

Club Accounts:

Club accounts are individual accounts to be used by each specific program. Club account funds are accumulated by fundraisers.

- Purchasing of team equipment
- Tournament entry fees
- Upgraded transportation
- Coaches education
- Coach apparel
- Team awards
- Team meals
- One fundraiser will be held specifically to pay for state tournament hotels.

Credit Cards: Policy #7440: All coaches will use credit cards in accordance with district policy 7440.

The Board of Trustees permits the use of District credit cards by certain school officials to pay for actual and necessary expenses incurred in the performance of work-related duties for the District. All credit cards will be in the name of the School District. Credit cards may only be used for legitimate District business expenditures.

The use of credit cards is not intended to circumvent the District's policy on purchasing. Purchases that are unauthorized, illegal, represent a conflict of interest, are personal in nature, or violate the intent of this policy may result in credit card revocation and discipline of the employee. The Superintendent shall monitor monthly the use of each credit card by reviewing credit card expenditures and reporting any serious problems and/or discrepancies directly to the Board.

Credit Card Users A list of those individuals that will be issued a District credit card will be maintained in the Business Office and reported to the Board each year at its regular meeting in July. Credit card users must take proper care of the credit card(s) and take all reasonable precautions against damage, loss, or theft. Any damage, loss, or theft must be reported immediately to the Business Office and to the appropriate financial institution. Failure to take proper care of credit cards or failure to report damage, loss, or theft may subject the employee to financial liability. Users must submit detailed documentation, including itemized receipts for services, travel, and/or other actual and necessary expenses which have been incurred in connection with school related business for which the credit card has been used. Failure to provide a proper receipt can make the employee responsible for expenses incurred.

The District shall establish a credit line not to exceed \$ 1,500 for coaches....

Return of Credit Card Credit cards for coaches shall be returned to GHS payroll clerk at the end of the respective playing season. Credit cards will be available for checkout during the off season as needed.

Misuse and/or Unauthorized Use 7440 An employee who violates a provision of this policy shall have his or her credit card revoked immediately and shall be subject to disciplinary action as determined by the Superintendent and shall be reported to local law enforcement.

Additional Procedures The Superintendent and/or Business Manager, may establish additional procedures governing the issuance and use of District credit cards that do not contradict any part of this policy. Each cardholder shall be apprised of the procedures governing the use of the credit card and a copy of this policy and accompanying procedures shall be given to each cardholder.

Purchasing Procedures: All athletic purchases must be approved in advance by the Athletic Director and must be done in accordance with all district policies. (See GSD Policy #7400)

Harassment / Bullying / Hazing: The Gooding High School Athletic Department does not condone or allow any type of harassing behavior, including hazing of student-athletes. Any individual who instigates or participates in these behaviors will be subject to disciplinary action.

Privacy of Student-Athletes: Upon request, a private facility and the needed time will be provided by the coach for any student-athlete who desires privacy to change clothes. Coaches and team members are not permitted to inquire about or discuss the request for privacy.

Non-Discrimination: The Gooding High School Athletic Department does not condone or allow any type of discrimination against any participants because of race, religion, gender identity, sexual orientation or any other characteristic. Anyone who believes they have been discriminated against should report the incident to administration.