

## **Gooding Joint School District No. 231**

### **NONINSTRUCTIONAL OPERATIONS**

**8210**

#### District Nutrition Committee:

With the purposes of monitoring the implementation of the District's wellness policies, evaluating policy progress, serving as a resource to school sites, and revising the policies as necessary, a District-wide nutrition committee is hereby established to develop, implement, monitor, and review District-wide nutrition and physical activity policies. The Board specifically acknowledges that community participation is essential to the development and implementation of successful school wellness policies.

Following initial development, the committee would meet a minimum of \_\_\_\_\_ times annually for continued assessment.

Committee membership will consist of:

1. The District Food Service Coordinator;
2. A dietician\*;
3. A parent representative from each school level;
4. A student representative from each school level;
5. A staff member representative from each school level;
6. An administrative representative as committee Co-Chair; and
7. The Physical Education and Health Program Leader as committee Co-Chair.

Appointments to the Committee will be made by the Board Chair.

\*If there is no dietitian, the school might consider negotiation with the local hospital or health district to secure the services of an outpatient dietitian. The dietitian could serve as an integral member of the school health advisory team and work collaboratively with the school nurse to screen and assess students' nutritional status and provide counseling, referral and follow-up services.

#### **Development**

To help with the initial development of the district's wellness policies, each school in the District will conduct a baseline assessment of the school's existing nutrition and physical activity environments and policies. The results of those school-by-school assessments will be compiled at the District level to identify and prioritize needs.

#### **Monitoring**

The Superintendent or designee will ensure compliance with established District-wide nutrition and physical activity wellness policies. In each school, the principal or designee will ensure compliance with those policies in his/her school and will report on the school's compliance to the School District Superintendent or designee.

School food service staff, at the school or District level, will also ensure compliance with nutrition policies within school food service areas and will report on this matter to the Superintendent (or if done at the school level, to the school principal).

The Superintendent or designee will develop a summary report every \_\_\_\_\_ years on District-wide compliance with the District's established nutrition and physical activity wellness policies based on input from schools within the District. That report will be provided to the school board and may also be distributed to school health councils, parent/teacher organizations, school principals, and school health services personnel in the District.

Legal Reference: Sec. 204, Child Nutrition and WIC Reauthorization Act of 2004

Policy History:

Adopted on: October 8, 2013

Revised on: